



Dangerous Decibels: Coloring Sheets

Source material by DANGEROUS DECIBELS®

Students familiarize themselves with how to protect their hearing

Science Topics	Process Skills	Grade Level
Sound Sense of hearing		K-2

Time Required			
Preparation	Set-Up	Activity	Clean-Up
None	5-10 minutes	25 minutes	10 minutes

Learning Goals
Students will be able to... Understand different strategies for protecting their sense of hearing

Materials		
In the Kit	Not in the kit	Optional
Coloring sheets (pages 2-5): 1 set per student	Coloring utensils	

Set-Up
Gather materials

Introduce the Activity
Explain that students will be coloring pictures about how to avoid dangerous sounds. Introduce the idea that some sounds are too loud, but there are ways we can protect our ears.

Doing the Activity
Coloring

1. Ask students what they have done when they heard a loud sound.
2. Tell them there are some easy ways to protect their hearing and pass out the coloring pages.
 - a. Turn it down
 - b. Walk away
 - c. Protect your ears
3. Students will color all the pages.
4. Ask them when they might use the different strategies.

Explanation
In-depth background information for teachers and interested students.

Students should understand that loud sounds can damage their hearing, but they can change their own behavior to avoid hearing loss.

Key Lesson Terminology

- Walk Away- move away from the source of the loud sound
- Protect your Ears – wear ear protection like ear plugs or noise canceling head phones
- Turn it down – turn the volume down on personal listening devices

Optional Extensions

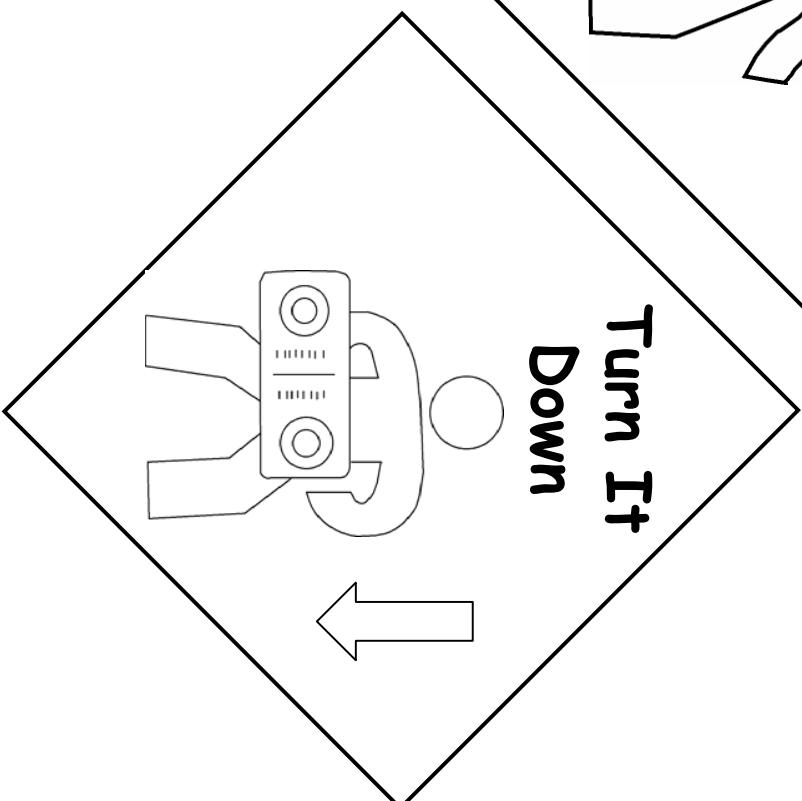
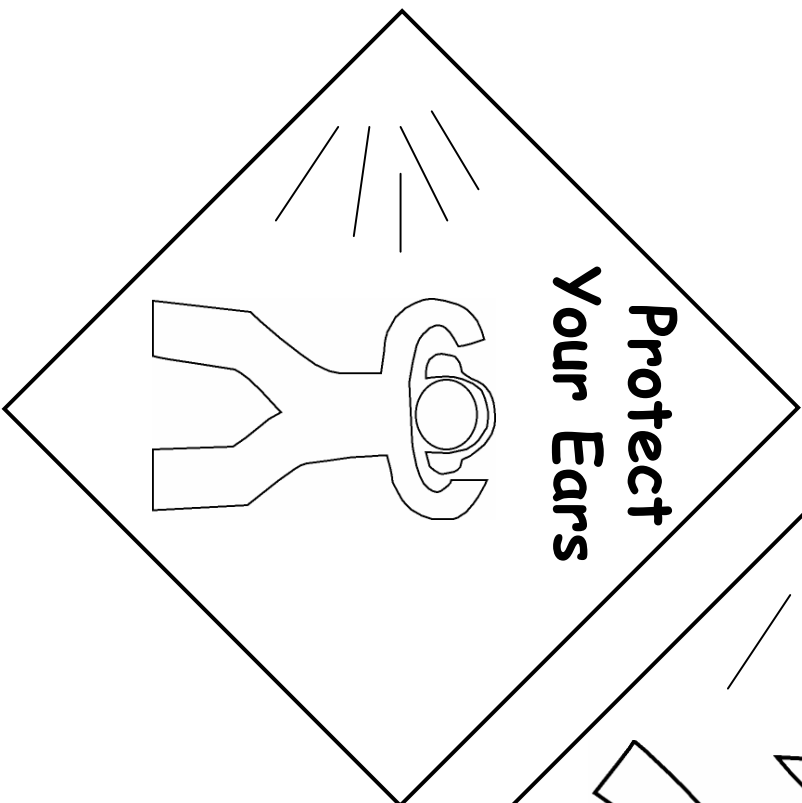
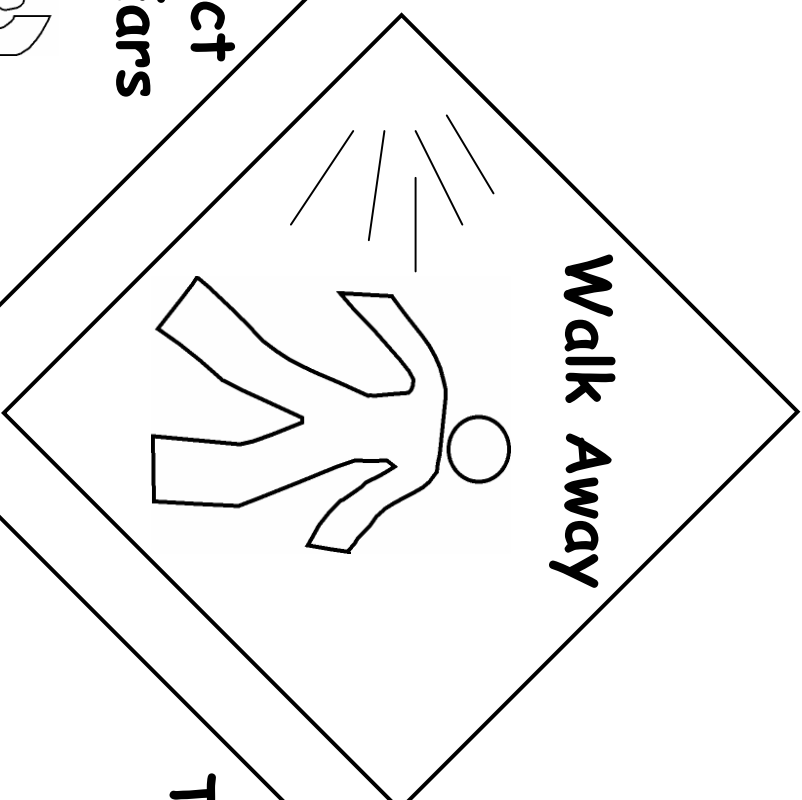
- See the Music and Sound lesson (middle school) for more information about decibels and loud sounds
- See the Explore Sound website for more Dangerous Decibels activities
- Complete the Loud Sounds bookmarks.

Supplemental Materials

Coloring pages below, pages 3-5

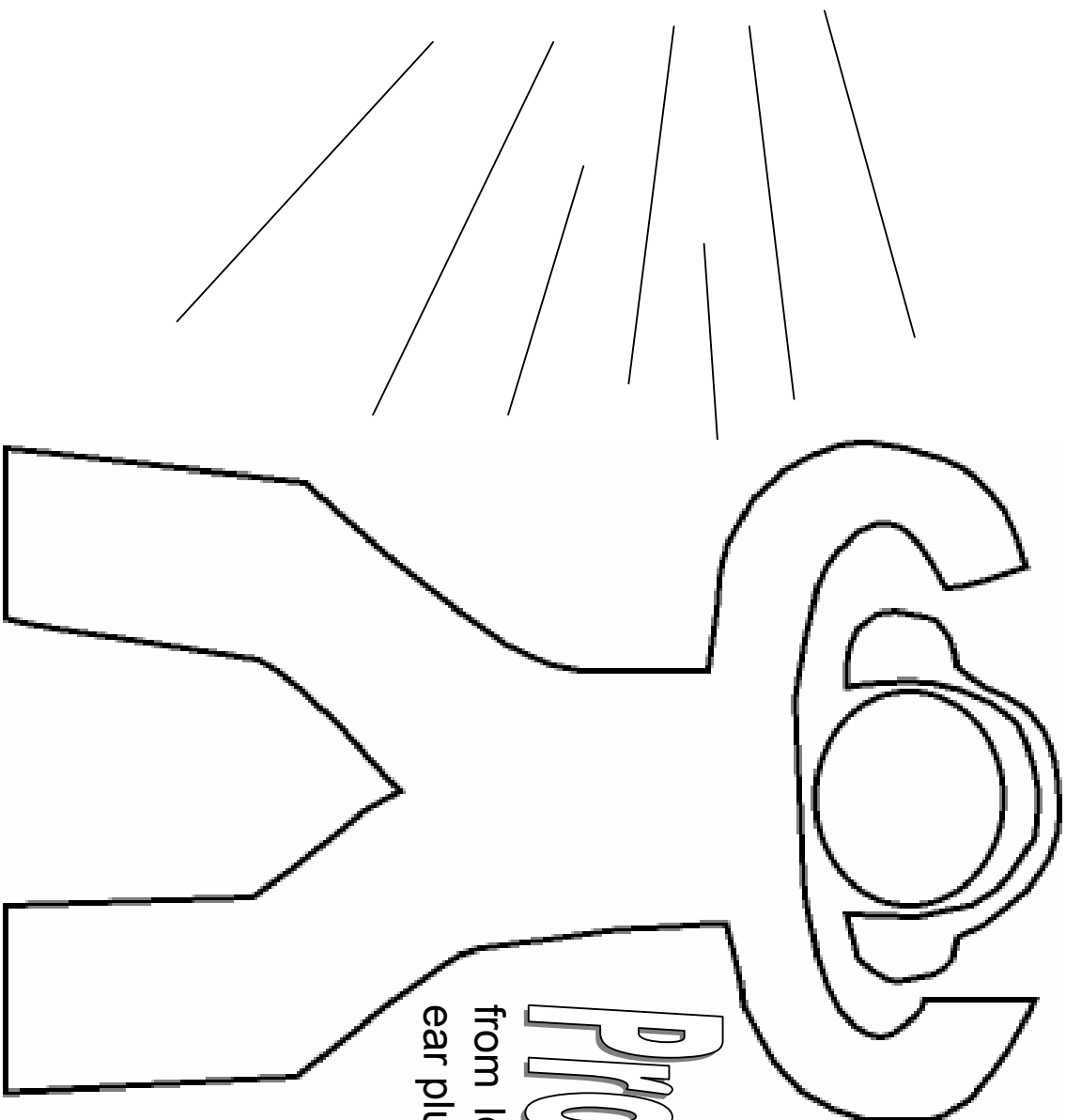
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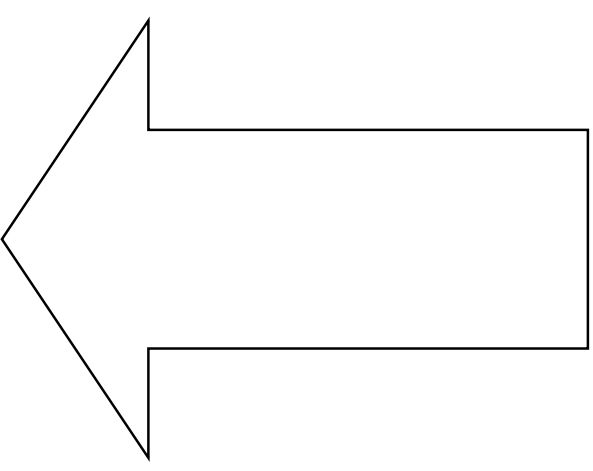
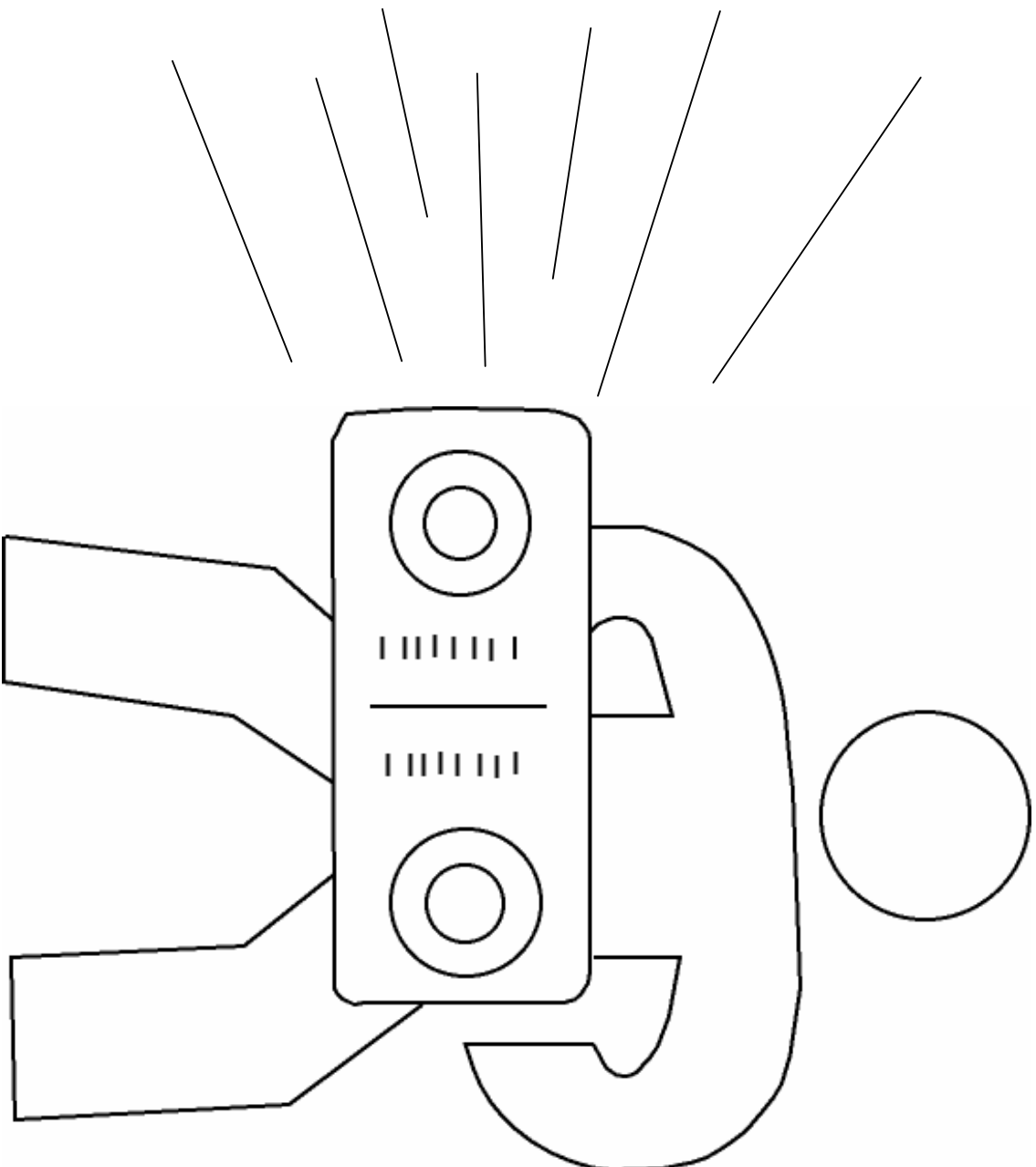


Protect Your Ears

from loud sounds – use your hands,
ear plugs, or special ear muffs.

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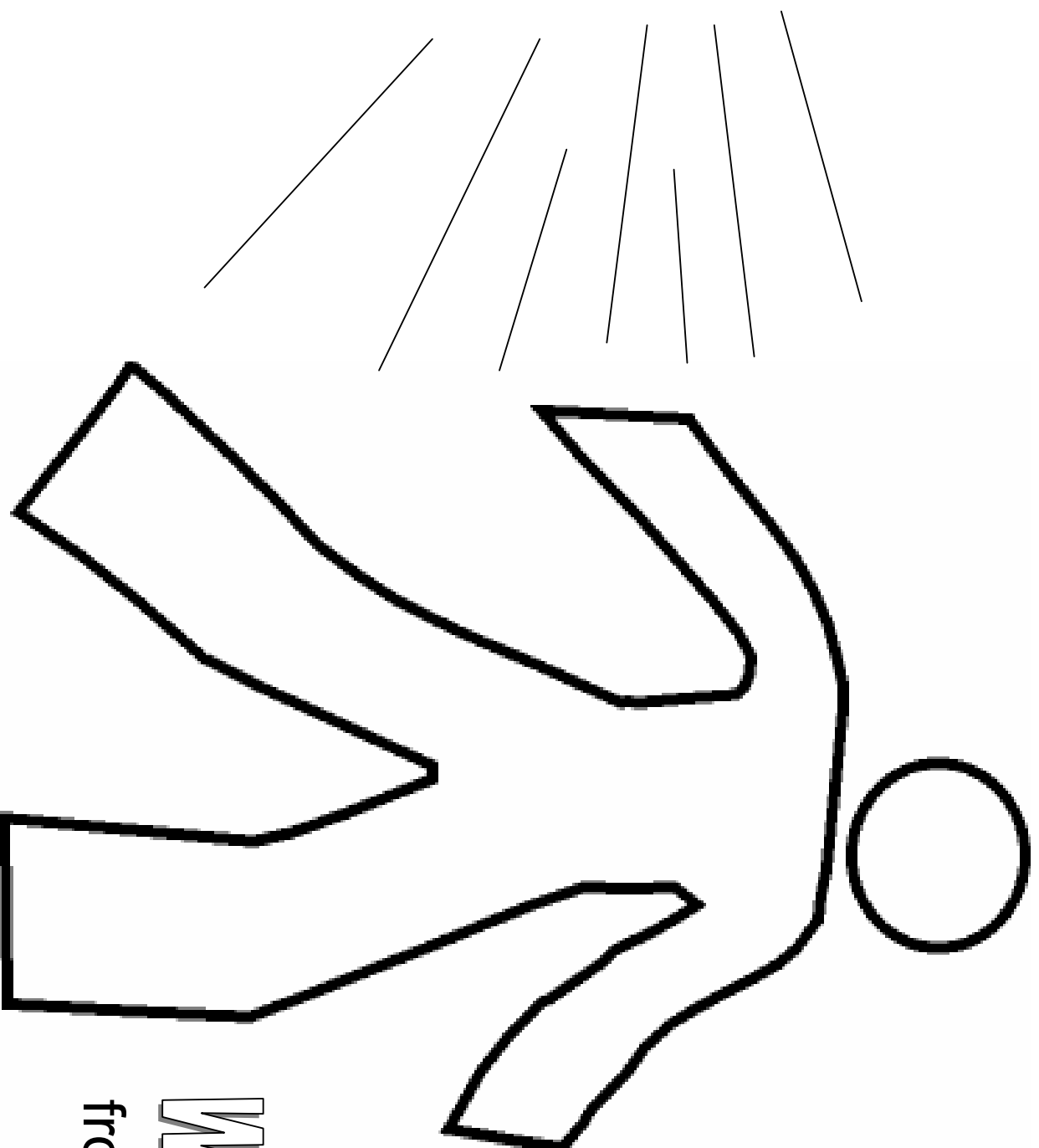
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Turn It Down

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Walk Away
from loud sounds